

Breakfast Menu

September 2023

Mon	Tue	Wed	Thu	Fri
				1 Multi-grain Cheerios Pears 1% Milk
4 CLOSED FOR LABOR DAY	5 Multi-grain Cheerios Mixed Fruit 1% Milk	6 Cinnamon Toast on WG Apple Slices 1% Milk	7 Bagels with Cream Cheese or Butter Pears 1% Milk	8 Honey Kix Cereal Mixed Fruit 1% Milk
11 Pancakes Bananas 1% Milk	12 WG Bagels with Cream Cheese or Butter Peaches 1% Milk	13 French Toast Sticks Apple Sauce 1% Milk	14 Berry Kix Cereal Mixed Fruit 1% Milk	15 Scrambled Eggs WG Toast Oranges 1% Milk
18 Blueberry Muffins Apple Sauce 1% Milk	19 WW English Muffins Peaches 1% Milk	20 Rice Krispies Cereal Bananas 1% Milk	21 Fruit Yogurt Apple Slices 1% Milk	22 Pancakes Sliced Pineapple 1% Milk
25 French Toast Sticks Peaches 1% Milk	26 Scrambled Eggs Pears WG Toast 1% Milk	27 WG Fruit Bars Apple Slices 1% Milk	28 Multi-grain Cheerios Sliced Pineapple 1% Milk	29 WG Bagels with Cream Cheese or Butter Mixed Fruit 1% Milk
* Toddler / Allergy Alternative Available	B&B = Bread and Butter	Children age 1 get Unflavored Whole Milk	Children aged 2+ get Unflavored 1% Milk	WG = Whole Grain WW = Whole Wheat



Lunch Menu

September 2023

Mon	Tue	Wed	Thu	Fri
				1 Corn Dogs Mixed Vegetables Mixed Fruit 1% Milk
4 CLOSED FOR LABOR DAY	5 Peanut Butter & Jelly on WG Bread Cheese Slices Mixed Vegetables Apple Sauce 1% Milk	6 Hamburgers on WG Bun Corn Peaches 1% Milk	7 Taquitos Cucumbers WG Rolls Pears 1% Milk	8 Ham & Cheese Sandwiches on WG Bread Carrot Sticks Mandarin Oranges 1% Milk
11 Peanut Butter & Jelly on WW Bread Carrots ½ Hard Boiled Egg Oranges 1% Milk	12 Sliced Turkey & Cheese on WG Bread Mixed Vegetables Apple Sauce 1% Milk	13 Chicken Nuggets Corn Pears WG B&B 1% Milk	14 Tuna Fish Sandwich on WG Bread Cucumbers Peaches 1% Milk	15 Cheese Ravioli Green Beans Apple Slices 1% Milk
18 Fish Sticks WG B&B Corn Pears 1% Milk	19 Beef Hot Dogs WG Rolls Baked Beans Pineapple 1% Milk	20 Peanut Butter & Jelly on WG Bread Sliced Cheese Carrots Apple Slices 1% Milk	21 Spaghetti with Ground Beef Salad Mixed Fruit WG B&B 1% Milk	22 Cheese Pizza Salad Peaches 1% Milk
25 Chicken Nuggets Salad Mandarin Oranges WG Rolls 1% Milk	26 Chicken Taquitos Carrots Peaches 1% Milk	27 Hamburgers on WG Buns Corn Mixed Fruit 1% Milk	28 Sliced Turkey on WG Bread Cucumbers Apple Sauce 1% Milk	29 Sloppy Joes on WG Buns Corn Pears 1% Milk
* Toddler / Allergy Alternative Available	B&B = Bread and Butter	Children age 1 get Unflavored Whole Milk	Children aged 2+ get Unflavored 1% Milk	WG = Whole Grain WW = Whole Wheat



Snack Menu

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Animal Crackers Apple Sauce
4 CLOSED FOR LABOR DAY	5 Graham Crackers 1% Milk	6 Pretzels 100% Apple Juice	7 Peanut Butter Cheese Crackers 1% Milk	8 Goldfish Crackers Peaches
11 Rice Cakes Orange Slices	12 Veggie Straws Pears	13 Cheese Crackers Peanut Butter & Cheese Slices	14 WG Chex-Mix Peaches	15 Fruit Yogurt WG Ritz Crackers
18 Cheez-It Crackers Cucumber Slices	19 Graham Crackers Peaches	20 Fruit Yogurt WG Ritz Crackers	21 Trail Mix Apple Slices	22 WG Chex-Mix Cheese Sticks
25 Pretzels 100% Apple Juice	26 Animal Crackers 1% Milk	27 Saltine Crackers with Sliced Cheese	28 Goldfish Crackers Oranges	29 Caramel Rice Cakes 100% Apple Juice
* Toddler / Allergy Alternative Available	B&B = Bread and Butter	Children age 1 get Unflavored Whole Milk	Children aged 2+ get Unflavored 1% Milk	WG = Whole Grain WW = Whole Wheat

